

Summary Brief 5



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Women's and Children's Health in Conflict Settings: **Key Messages and Next Steps**

As part of a series that discusses findings from the BRANCH Consortium's research on sexual, reproductive, maternal, newborn, child and adolescent health and nutrition (hereafter "WCH") in conflict settings, this brief highlights key messages in relation to conflict-affected women, newborns, children and adolescents that have emerged through the research, along with potential next steps for a range of humanitarian actors.

This brief is intended for local and international NGOs, governments, international organizations, UN agencies, funders and donors, health care workers, civil societies, and other key humanitarian actors aiming to improve WCH in conflict settings.

Introduction

There is a clear and growing need to address the impact of conflict on women, newborns, children, and adolescents. In particular, there is a **need to better understand the current and future landscape of conflict and both its direct and indirect effects on WCH**, to further develop the evidence base on effective interventions and delivery strategies to address these effects, and to develop further guidance on prioritizing and packaging WCH interventions in conflict settings while building and supporting disrupted health systems in conflict settings.

Spanning across geographies and informed by insights from a range of humanitarian health actors and civil society organizations active in conflict settings, **BRANCH research**¹⁻²⁸ **confirms that much still needs to be done by a range of actors to fill research and guidance gaps, to improve national, regional and international response coordination, and to ultimately improve WCH**.

Key Messages

The BRANCH Consortium has recently undertaken a range of research activities aiming to improving evidence and guidance for effective action on WCH in conflict settings. Key messages that have emerged from this research include:



Key Message 1

Trends in adverse WCH outcomes suggest that the global commitment to improve these outcomes must more effectively confront the political and security challenges that define areas affected by violent conflict.¹



Key Message 2

The effects of armed conflicts on the health and mortality of women and children far exceed the effects on those directly affected by the violence in conflicts.²



Key Message 3

Recognising and valuing the primary role of local actors (i.e., local authorities, local service providers, and local non-governmental organisations) would improve timely and appropriate WCH care delivery.³



Key Message 4

A framework for prioritising interventions that takes account of local burden and risks, the range of potential interventions to address them, and the feasibility of delivering those interventions in different conflict contexts would both empower decision makers and make them more accountable for what ultimately gets delivered.⁴

Next Steps

Several areas have been highlighted and considered to be essential for improving WCH in conflict settings, with the following suggested next steps⁵:

Collaborative development of conflict-specific guidance and guidelines would support the implementation of evidence-informed interventions in the context of conflict-affected settings. Engaging and working with communities is an important step in implementing interventions, in particular through the involvement of community health and outreach workers and the use of tasksharing. Delivery of interventions is affected by the trust of community, along with local perceptions of the need for and value of the interventions being implemented; this was evident during the Ebola response in DRC, and more recent measures for controlling the COVID-19 pandemic in the same settings.29

Effective delivery of effective interventions, promoted through conflict-specific guidance, requires improved data collection; better, readily available and actionable information in conflict settings is urgently needed. Given the challenges, this will require significant investment in methodological and technological adaptation and innovation for rigorous data collection and analysis, more so in populations in insecure areas where the challenge is greater.³⁰ Building the capacity of community and frontline workers and their supervisory teams to better understand what data they are collecting, why and how to use data for action is also important.

Given the need for independent review and oversight, an independent technical advisory group, could be convened by agencies leading the global humanitarian health response and local and international NGOs and academics working in conflict settings. Such a group could further develop a decision-making framework for packaging and prioritizing WCH in conflict settings, promote the strengthening of data collection and analysis efforts in conflict settings, and facilitate the development of common sets of indicators for humanitarian health action. Assisting in the development of implementation research priorities to help fill key gaps in operational and implementation guidance for WCH needs in conflict settings would also be valuable.

Conclusions

Many communities globally are facing ongoing conflict, now complicated further by the current COVID-19 pandemic. While the needs of the communities are great, the voices of these communities are often unheard.

The global health community has a special responsibility to bring that voice to light, and to elevate global attention to the suffering, vulnerability, ideas, and capacities of populations affected by conflict and displacement.⁵ There is also a need to further strengthen global efforts to prevent violence and conflict, and protect civilian populations not involved in conflict, mainly women, newborns, children and adolescents.¹ It is important that the global health community aligns and has a unified understanding and approach to humanitarian action for women, newborns, children and adolescents in conflict settings.

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BRANCH Bridging Research & Action in Conflict Settings for the Health of Women & Children

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Resources

Below is a comprehensive list of the briefs in this series that address the impact of conflict on sexual, reproductive, maternal, newborn, child and adolescent health and nutrition:

BRANCH Consortium Summary Brief 1 Women's and Children's Health in Conflict Settings: The Current Landscape of the Epidemiology and Burden

BRANCH Consortium Summary Brief 2 Women's and Children's Health in Conflict Settings: The Current Evidence and Guidance Landscape for Identifying and Implementing Priority Interventions

BRANCH Consortium Summary Brief 3 Women's and Children's Health in Conflict Settings: Prioritizing and Packaging Health Interventions - Deciding What to Deliver, When and How

BRANCH Consortium Summary Brief 4 Women's and Children's Health in Conflict Settings: Barriers and Facilitators to Delivering Effective Services

BRANCH Consortium Summary Brief 5 Women's and Children's Health in Conflict Settings: Key Messages and Next Steps

🔆 For more information about the key messages from the BRANCH Consortium's research on WCH in conflict settings, please refer to these 🙀 papers from the Lancet Series on women's and children's health in conflict settings.